

## RETREAT PROGRAMME (12<sup>th</sup> – 14<sup>th</sup> February 2016)

Friday		Where?
from 5pm	<b>Arrivals</b> and settling in	Ship
6pm	Dinner	Saloon
7pm	Introductory talk (includes tour of ship)	Dayroom
8.45pm	<b>Night prayer</b>	Snug

Saturday		Where?
8.15am	<b>Morning Prayer</b>	Snug
8.30am	Breakfast	Saloon
9am onwards	Time for reflection/safe space offered	
10am	<b>Guided Pilgrimage Walk</b>	Chidham
12.45pm	<b>Midday Prayer</b>	Snug
1pm	Lunch	Saloon
2pm onwards	Time for reflection/safe space offered	
5.45pm	<b>Evening Prayer</b>	Snug
6pm	Dinner	Saloon
7pm	<b>Bonfire and Lighted Labyrinth Walk</b>	Back Field
8.45pm	<b>Night Prayer</b>	Snug

Sunday		Where?
8.15am	<b>Morning Prayer</b>	Snug
8.30am	Breakfast	Saloon
9am onwards	Time for reflection/safe space offered	
12.45pm	<b>Midday Prayer</b>	Snug
1pm	Lunch with sharing of bread and wine	Saloon
2.15pm	Final Thoughts	Dayroom
3pm	<b>Depart</b>	