

# Individual booking form

please reserve a place on the following surf event:

event dates:

name of applicant.

date of birth Male / female

address  
 .....  
 .....  
 .....  
 post code

telephone:

mobile:  
 .....

alternative contact name and telephone number  
 .....  
 .....  
 .....

previous surf experience  
 .....  
 .....  
 .....  
 If bringing your own board what type?  
 .....  
 .....  
 (see booking conditions regarding board use)

email

for wetsuit / equipment allocation:  
 females- clothing size:  
 male and females-  
 height: chest:  
 waist: shoe size:

how did you hear about cye?  
 .....  
 .....  
 .....  
 how will you travel to the event?  
 .....

dietary requirements  
 .....  
 .....  
 .....

please list any allergies  
 .....  
 .....  
 .....

details of current medical treatment, conditions and medication. (use a separate sheet if required)  
 .....  
 .....  
 .....  
 .....  
 .....

name and address of family doctor  
 .....  
 .....  
 .....  
 .....

non-returnable deposit enc. (payable to CYE sailing centre)  
 £20 (per person)  (tick)

are you able to swim 50m yes / no  
 if not please provide details of ability  
 .....  
 .....  
 .....

I wish to pay full fees by credit card (£2 admin fee payable)

card type

card number

expiry date issue number

I wish to take part in the above activity and have read the terms and conditions printed overleaf. I confirm that **I am physically fit to take part in all activities.** I am happy to travel in leaders or another course members car if required. Should emergency treatment be required during the activity, the judgement of a medical practitioner will be accepted. **I have considered the need for cancellation and personal accident insurance.** I undertake to inform the centre if any of the information completed here changes prior to the event.

signed (applicant)

date.

- Booking are secured when we acknowledge your completed booking form and deposit
  - Cancellations must be in writing
  - If you cancel up to eight weeks prior to the event you lose only your deposit
  - If you cancel within eight weeks of the event, 50% of the event costs are due
  - If you cancel within four weeks of the event 100% of course fees are due
  - In the event of you cancelling your booking, we will invoke the cancellation charges listed above. We therefore recommend that to safeguard your possible loss of part or all of your holiday cost due to cancellation or curtailment, that you take out cancellation and or travel insurance. A leaflet about a possible solution will be sent with your booking confirmation, for your information.
  - Photographs and video are often taken for publicity purposes; please contact the centre if you do not want to be included in this
  - Every effort will be made to run events advertised, however we reserve the right to cancel at any time. Course fees will be refunded in full.
  - All activities are physically demanding and require participants to lift, bend, stretch, jump etc. You should ensure you have an adequate level of fitness for the activities here. We recommend that you check with your doctor if any medical conditions or disability affect participation. We are keen to include all and we will make every effort to adapt activities for those with disability or medical condition where required and it is safe to do so.
  - Surf event fees include accommodation, food, instruction and equipment hire during the event. However it does not include travel to the event at Morteohoe, Devon
  - Appropriate surf conditions can not be guaranteed. In the event that surfing is not possible alternative activities will be offered during the weekend.
  - Participants bringing their own boards should note they may not be able to use them at all times. Certain sessions require the use of soft boards by all participants
  - A safety briefing will be given to all those attending an event at CYESC. Participants are required to comply with that briefing and the rules of the event during their stay
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Christian Youth Enterprises Sailing Centre, "The Gerald Daniel" Chidham, Chichester, West Sussex, PO18 8TE

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01243 575131 emergency contact  
01243 574992 fax

email [info@cye.org.uk](mailto:info@cye.org.uk)

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# Christian Youth Enterprises Sailing Centre



The "Gerald Daniel" Chidham Chichester W. Sussex PO18 8TE  
Tel (01243) 573375 Fax: (01243) 574992 e.mail [chris@cye.org.uk](mailto:chris@cye.org.uk)

Hi!

Thank you for signing up for the CYE Surfing weekend. It is not long now until we will be suited 'n' booted and surfing the waves of Devon! This is just a quick note to give you a few last minute bits of information. Please do not hesitate to contact us at CYE if you have any further queries.

We look forward to seeing you soon!

Regards,

The CYE Surf Team

	Breakfast	Morning	Lunch	Afternoon	Evening
Friday					Arrive 7pm onwards Cup of tea 'n' pizza at the house.
Saturday	8am Morning thought	Surf Lesson 1 Free Surf	Picnic on beach (weather dependant)	Surf lesson 2 Free surf, games on the beach, café etc...	Hot food back at the house Evening talk/discussion
Sunday	8.30am Morning thought	Surf Lesson 3 Beach chill/surf/games Final Surf with games	Late lunch back at the house	Clear up Leave 1600	

This is a rough timetable for the weekend; however it is subject to change around weather and surf conditions.

## Kit List:

- Stuff to wear to the beach - Shorts, t-shirt, hat etc...
- Stuff to wear in the surf - swimming stuff for under a wetsuit
- Stuff to wear after the surf - a mega warm jumper and hat!
- Stuff to wear to bed
- Stuff to wear if it rains
- Sleeping bag
- Wash kit
- Sun cream
- Towel

We will provide wetsuits, boots and gloves, however, if you have your own and wish to bring it as well please do!

## Travel arrangements:

Please make your own way to Morteheo.

The post code of the house is **EX34 7EJ**

### By car

M5 to Junction 27, then follow the **A361** towards **Barnstaple**.

Continue to follow signs to **Barnstaple**, and then **Ilfracombe** to bypass Barnstaple town centre - staying on the **A361**.

You will go over a bridge, then turn left at the lights – still heading towards **Ilfracombe**.

Continue on – straight through **Braunton** – still towards **Ilfracombe**.

Once the other side of Braunton after 3 miles, turn left at **Mullacot Cross** roundabout – signposted towards **Woolacombe**.

After 2 miles there is a chicane in the road – take the **right turn** after the pink house before the pub – signposted to **Morthoe**.

You will see **Sandy Lane** signposted on the left. Opposite Sandy Lane take a **right into the farm lane**, immediately before Warcombe Farm Campsite.

Continue down the lane until you see a **semicircle barn**. After this you will need to turn in **left when you see several wheelie bins**. Park in front of the house and come into the door on your right.

By train: The nearest train station is **Barnstaple**. Book in advance to get cheap tickets (you may find it is cheaper to book 2 singles). We will aim to do one pick up from Barnstaple at **8pm**, however if this is a problem please contact us so we can make further arrangements. We will also do a drop off on the Sunday afternoon at **4pm**.

As a guide, a ticket from [www.nationalrail.co.uk](http://www.nationalrail.co.uk) from London to Barnstaple – max duration 4:10hrs, cost £78 return bought on the day and £49 return bought a month in advance. A single from Barnstaple to London can be as little as £12.

This may be of some help but you can also put the postcode into [www.multimap.com](http://www.multimap.com)

Estimated journey times:

M5, J27 → Morteheo = 1hrs

Exeter → Morteheo = 1.5hrs

Southampton → Morteheo = 4hrs

Bristol → Morteheo = 2hrs

### Contacts:

**CYE Sailing Centre 01243 573375**

**CYE Surfing Mobile 07845 931980**

**Farm House, Devon 01271 870501 (From 4pm Friday of event)**

We are here

